



Stony Brook
University

THE OMBUDS OFFICE

*We're here to listen with an open mind.
We're here to help resolve problems fairly.*

stonybrook.edu/ombuds • (631) 632-9200

Confidential Impartial Informal Independent

SPRING IN PERSON WORKSHOPS

Who can attend: *faculty, staff and students*

[REGISTER HERE](#) - **DEPOLARIZING CONVERSATIONS** - 1-½ hours (NEW)

The goal of this workshop is to have productive and respectful conversations with others whose views differ from our own. The content is based on the work of several authors. You will learn how to depolarize conversations while honoring each other's humanity and personal values.

April 17, 2024, Wednesday, 12:00 pm - 1:30 pm, Frey Hall, Rm. 211 (West Campus)

April 26, 2024, Friday, 12:00 pm - 1:30 pm, Health Sciences Center (HSC), Level 2, Rm. 101

[REGISTER HERE](#) - **WORKPLACE DYNAMICS**- 1-½ hours (NEW)

In today's dynamic and interconnected workplace, success is *not* only measured by individual skills, but by how well we navigate relationships, understand workplace dynamics and connect with each other. Every workplace has its own culture, management style, and people with different backgrounds and personalities. Let's learn how we can be at our best and build positive relationships. Topics covered are:

1. Workplace dynamics
2. Power dynamics
3. Why do relationships break down?
4. Creating successful relationships

April, 19, 2024, Friday, 12:00 pm - 1:30 pm, Health Sciences Center (HSC), Level 2, Rm. 101

April 24, 2024, Wednesday, 12:00 pm - 1:30 pm, Frey Hall, Rm. 211 (West Campus)





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**[REGISTER HERE](#) - MANAGEMENT ROUNDTABLE - 2 hours (NEW)
ONLY FOR SUPERVISORS**

A Space for Managers to Listen, Learn and Share

WHO CAN JOIN? Anyone who formally supervises faculty, staff and students.

HOW DOES THIS WORK? The ombuds will facilitate a discussion with supervisors. The purpose of the roundtable is to address common supervisory issues. And, to empower supervisors to:

1. Explore options in solving workplace problems.
2. Identify helpful institutional resources E.g. (other offices, policies and procedures).
3. Create a respectful, productive and inclusive culture.
4. Learn about the Ombuds Office's [Quick Tips](#) and [Library](#) on workplace topics.

When registering for the workshop, supervisors can indicate their challenges in the aggregate *without* any identifying information. The focus will be on current issues that supervisors bring to the table. There will also be case scenarios for discussion.

May 1, 2024, Wednesday, 12:00 pm - 2:00 pm, Frey Hall, Rm. 211 (West Campus)

May 3, 2024, Friday, 12:00 to 2:00 pm, Health Sciences Center (HSC), Level 2, Rm. 101

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